

Notes for Clubs and Competitors

The Head is run under **British Rowing Rules** and the **Row Safe**.

Trailer Parking

Trailers will be parked within the club grounds and on the car park behind the leisure centre, towing vehicles must be moved to the Swifts car park adjacent to the club. Competitors and supporters carparking will be at the public pay and display sites which are located on the other side of the river. Trailers parked on the rear carpark should allow clear access from SBC to the main road for emergency vehicles.

Registration

On arrival, all competitors must report to registration (upstairs in the members bar) before they race where registration details will be checked. If you have **any changes** to your entry these must be declared before collecting your number. You may only change 50% of the original crew you entered. In the event of single scullers, the scullers named on the entry form can not be changed. Numbers will be issued when all fees are paid. **(The appropriate number to be worn by the Bow)**
You must have your Rowing licence with you in order to compete.

Safety Briefing

There will be a safety briefing at 0830hrs and 1200hrs for morning and afternoon division respectfully. A minute of remembrance will immediately follow the morning briefing.

Boat Checking

Crews will be responsible for the safety and good working order of their own equipment. Spot checks will be made. If a boat fails a safety check, the umpire will complete a failure form, a copy of which will be given to you on request.

Boating on

Please ensure you move away from the landing stage as quickly as possible once boated.

- **Morning Division**

- Crews 1 to 23 will boat from 9am until 9:45am and go downstream from the club to warm up. Crews not boated by 9:45 will need to wait until 10:30am and receive a 10 second time penalty.
- Crews 24 to 72 will boat from 9:45am to 10:30am and go up stream to the start. Crews not boated by 10:30 will receive a 10 second time penalty.

- **Afternoon Division**

- **PLEASE NOTE – Due to the high number of entries, the start time for the 2nd division is now 2:30pm**
- Crews 80 to 103 will boat from 12:30pm until 1:15pm and go downstream from the club to warm up. Crews not boated by 1:15pm will need to wait until 2:00pm and receive a 10 second time penalty.
- Crews 103 to 150 will boat from 1:15pm to 2:00pm and go up stream to the start. Crews not boated by 1:30pm will receive a 10 second time penalty.

Proceeding to the start

Crews must proceed to the start on the east bank (Town side) unless they are told by the monitors that centre stream is clear. On reaching the marshalling area crews will be allocated marshalling positions by the Launch monitor (remember your number. You will be asked). Crews must not row at full pressure anywhere in the marshalling area. Boats will be marshalled with bows facing upstream according to the starting formation.

At all times please respect other river users, particularly on the way to the start by not making contact with the moored cruisers. Please ensure all competitors are familiar with the map of the river

REMEMBRANCE

A whistle will be given at 11am marking the start of a 2-minute remembrance. A second whistle will be given at the end. Crews are asked to remain still and quite during this period **ONLY** if it is safe to do so.

On Finishing

On finishing, all crews must continue paddling until well clear of the finish before turning to give following racing crews room. Proceed back to the Club on the west bank (Club side). Ensuring that you are tight into the bank and remain aware of crews still racing. A finish monitor will in position to ensure compliance. **Returning crews must not overtake.**

Recording Incidents

In the event of an accident/ incident the event will log a report with British Rowing. Individuals and or visiting clubs should do so as well.

Results

Complete Events will be held per division and results will be issued as soon as possible after the division. Prizes will be issued to winning crews wanting to head off early. There will be a formal announcement of results at the end of racing. Results will be posted on the internet after the event. It is hoped that split times will be available for the first and last 1000m of the head.

GENERAL NOTICES

The Organising committee accepts no responsibility for competitors' or spectators' personal property.

There is a public pay-phone in the High Street near the Wheatsheaf Public House – In an emergency 999 calls can be made in the boat house by the gentlemen's changing room or from the club telephone located in the upstairs members bar.

May we take this opportunity to thank you for your entry. Our Winter Head, for all boat sizes, takes place on January 27th 2019.