

# STOURPORT BOAT CLUB

## CODE OF CONDUCT

November 2012



<b>Rights of Individuals</b>	<p>To enjoy safe participation in rowing.</p> <p>To be treated with respect at all times.</p> <p>To express their views, be listened to and believed.</p> <p>To seek support for their individual needs to help them to develop.</p> <p>To enjoy an environment free of abuse, humiliation, shame or insult.</p> <p>To receive coaching and instruction.</p>
<b>Code of Conduct for Juniors</b>	<p>Follow the rules for Stourport Boat Club</p> <p>Listen to and respect the decisions of the coaches</p> <p>Juniors should take responsibility of their actions ,performance and behavior</p> <p>Be supportive and committed to other team members</p> <p>All juniors must respect the rights, dignity and worth of other club members.</p> <p>Juniors must keep to agreed times of training. If the coaches have not been notified of lateness, the individual may not be able to participate in the rowing if the crews have been allocated.</p> <p>It would be courteous if juniors could inform the junior liaison by email or text of attendance prior to the day.</p> <p>Bullying in any form (verbal, texting, chat-rooms ) will not be tolerated</p> <p>Wear clothing suitable to row in and appropriate for weather conditions.</p> <p>Bring spare clothes.</p> <p>Juniors should respect and care for all club equipment.</p> <p>As a Health and safety issue, a member of the crew should ensure boats are signed out and back in on each outing.</p> <p>Before each outing boats should be checked; heel restraints, tightness of stretcher and rigger bolts.</p> <p>Any damaged equipment must be reported immediately to your coach.</p> <p>Be quick but safe to put boats out on the water and on return take the boat out of the water, as others may be waiting for the landing stage.</p> <p>The hose at the side of the clubhouse is for washing down the boats after use. If there are no time constraints, it would be helpful if parents/carers could help the juniors with this task at the end of the sessions.</p> <p>No junior is allowed on the river without the coach's permission.</p> <p>Juniors, J16 and below are not allowed in the gym unsupervised.</p> <p>All juniors are expected to participate and support Stourport rowing events/ regattas</p>
<b>Code of Conduct for Participants and Competitors</b>	<p>At all times when practicing, training or competing at clubs, competitions and events, participants and competitors should:-</p> <ul style="list-style-type: none"><li>• Follow the rules and procedures of their club</li><li>• Act in a sportsmanlike way</li><li>• Treat other competitors, coaches, water users and officials with respect</li><li>• Avoid swearing or shouting at others, nor engage in any type of abuse</li><li>• Keep to agreed timings, or inform the relevant person if they are going to be late</li></ul>



<p><b>Code of Conduct for Parents/carers of Children involved in rowing</b></p>	<p>Parents /carers should recognize the rights of their children and must therefore:-</p> <ul style="list-style-type: none"> <li>• Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate</li> <li>• As a parent/carer, work with the club by either becoming a member or by giving support with rowing events and social events.</li> <li>• The hose at the side of the clubhouse is for washing down the boats after use. If there are no time constraints, it would be helpful if parents/carers could help the juniors with this task at the end of the sessions.</li> <li>• Ensure their children are equipped with suitable clothing (warm or cold weather) spare clothes, refreshments and sun screen.</li> <li>• Be a good role model at club competitions and events.</li> <li>• Make sure session is supervised before dropping your child off and make arrangements for your child to be collected from the club promptly.</li> </ul>
<p><b>Code of Conduct for Rowing Coaches of Juniors</b></p>	<p>Coaches should be positive role models and have a responsibility of care and should:-</p> <p>Follow the British rowing water safety guidance</p> <p>Ensure the environment is safe by assessing and managing risk at all levels.</p> <p>Promote safe and correct practice at all times, accepting responsibility for their actions and coaching practices.</p> <p>Plan and prepare all sessions to cater individual needs are met, encouraging and supporting progression.</p> <p>Aid junior's motivation and maintain enjoyment of rowing, free from fear and harassment.</p> <p>Communicate and provide appropriate feedback.</p> <p>Discretion and confidentiality should be of paramount importance.</p> <p>Avoid criticizing or engaging in demeaning descriptions of others.</p> <p>Clarify what is expected of the juniors requirement of the sport</p> <p>Maintain appropriate records with regard to participants.</p> <p>Hold valid qualifications and an appropriate license.</p> <p>Address any bullying</p> <p>Encourage the development and good technique before performance and recognize that the rate of development is not the same for all juniors</p> <p>As a Health and safety issue, make a Junior member of the crew should ensure boats are signed out and back in on each outing.</p> <p>Before each outing boats should be checked; heel restraints, tightness of stretcher and rigger bolts.</p>

Stourport Boat Club prides itself on making rowing fun and enjoyable for all.

Whilst the emphasis is on fun and personal development, we have a competitive approach and strive to reach high standards of fitness and rowing technique.

The committee reserves the right to exclude any member from the club if the code of conduct is breached.